

## Women's Health Tea



Do you or your doctor dismiss changes in your body as "just signs of aging"? Maybe you're not sure how to frame your questions or how to insist that your doctor answer your questions to your satisfaction.

### Save the morning of January 25th, 2019

Our own Katie Raetz will moderate our

Women's Health Tea
Portland Plaza
1500 SW 5th Ave.
11:00 am - 1:00 pm

featuring gynecological health care professionals who focus specifically on post-menopausal health care. The session will be question-directed so think about what you would like discussed. If you prefer, you can bring written questions with you. Plan to join us for our light lunch tea and some great discussion!

There is no cost for this event, but to help us plan the tea, please RSVP to linloftin@msn.com or call 917-660-1368.

See page 2 for information on the Branch program in February.



## Come join us to learn about the 2019 legislative priorities!

The 2019 Oregon Legislative session begins January 22 and ends June 30<sup>th</sup> Trish Garner, our AAUW public policy State representative, will join us on

February 13, 2019
10:00 a.m. - 12:00 p.m.
The Portland Plaza Terrace Room
1500 SW 5th Ave.
(between SW Clay and SW Market)

to discuss priority topics, including:

The clean energy bill
Corporate tax reform
Funding our schools, including Title IX implementation
Climate change
Gun storage
Affordable housing

Join us for an interesting and informative morning!

For more information, contact Linda Loftin, <a href="mailto:linloftin@msn.com">linloftin@msn.com</a>

# AMERICAN ASSOCIATION OF UNIVERSITY WOMEN

Portland Branch Leaders, 2018-2019

President

Sue Thomas

Membership VP Ginny McQueen

Program VP Linda Loftin

Study Group VP Carla Huegli

**Finance VPs** Joyce Kligman

Recording Secretary Karn Hill

Corresponding Secretary Petie Paddon

**Director at Large** Frankie Borison

Past Presidents Ilga Ross Trish Garner

Bylaws Chair Sue Trotter

**AAUW Funds Chair** Judy Holt

Scholarship Chair Susan Marthens

College/Univ. Relations Chair Barbara Spencer

Communications Chair Nancy Cheverton

STEM Lisa Perrine

InterBranch Council Trish Garner

Newsletter Editor Linda Stern

**Historian** Julie Skinner

Photographer Available

Public Policy Chair Available

## A Message from Our President

Dear Members,

Hope you had a wonderful Holiday. We are ready to have a great year this 2019!

My special thanks to Joyce Kligman and Judy Holt for their work on the Holiday Luncheon. It was a great way to start the Holiday season and raise funds for scholarships/research and all the good works that AAUW does for women. Our speaker was Kaia Sand, Executive Director of Street Roots, a non-profit working with the homeless in Portland. She was amazing!

In March, we will be electing new officers. I am concerned about the leadership of the Branch since we have no candidates for President and President-Elect thus far. Trish Garner, Barbara Spencer, Ilga Ross, and I have collaborated in the following letter to you in hopes that you will consider a leadership position. We have a great Branch with great members, and with your help we can continue to contribute to the AAUW mission. I have found that serving on the Board is a rewarding experience. I have learned so much and have made friends that I enjoy.

You are all invited to the Saturday, February 2<sup>nd</sup> Board meeting at Linda Loftin's community room, 1500 SW 5<sup>th</sup> Ave from 10-12. Please come and see how your Board works.

Ilga Ross has also written an article for this newsletter about AAUW'S Strategic Plan, which promises to contribute to advancing gender equality for women and girls.

President, Sue Thomas

#### JOIN THE LEADERSHIP TEAM

Many of you are aware that we are looking to fill our Branch's Presidency for next year. We decided that many of you may believe that the tasks of being a Branch leader are more onerous than they actually are. We also want to underscore our message – being a part of Branch leadership is rewarding, and FUN!

Here are some possible misconceptions:

- \*The President is responsible for "everything." NO, that's not the way the Portland Branch works. The executive committee works as a team, with its members taking on responsibilities such as membership, finance, programs, study groups, funds, recording minutes, by-laws, newsletter, college/university relations.
- \*The job of President takes too much time and is overwhelming. NO, that's not the way the Portland Branch works. The President writes a President's message for our newsletter, which can be as long or as short as you wish. Incoming Presidents are given a batch of previous Presidents' messages so there are no surprises. The President also leads Branch Board meetings, and looks to our annual calendar to make s ure events take place when they should.
- \*The President has to do a lot of public speaking. NO. The President can do as much, or as little public speaking as she feels comfortable in doing. That's at least one reason why the President can call on immediate Past Presidents and other officers to do the public speaking.
- \*There can only be one President. NO. Co-presidencies are just fine.
- \*The President has to do things the way they always have been done, and there is a "traditional" or "right" way to be President. NO. One of the unique advantages that a President has is that she can shape our agenda. Is there something you have always wanted our Branch to do? You can do it.

As you will see, this is a Presidents' message, not a President's message. Not only do we endorse this message, but we want you to know that we will be behind you in your positions as President, assisting as much as you may need. Leading the Portland Branch is a rewarding opportunity to work with smart women on meaningful topics that promote equity for women and girls. Haven't our previous careers prepared us to do this important but fun work?

<u>So – please join our leadership TEAM as President</u>. You can contact us, or Ginny McQueen, if you have any questions, and, of course, to indicate that you are willing to join our team as President.

Sue Thomas (sueonoak@comcast.net)

Barbara Spencer (baspen013@earthlink.net)

Ilga Ross (ilgaross@yahoo.com)

Trish Garner (garner37@mac.com)

#### IMPLEMENTATION OF AAUW'S STRATEGIC PLAN

With the election of a new AAUW Board of Directors and hiring of CEO Kim Churches, big changes are underway that are making an impact at all levels of our organization, including our local branch.

You may have noticed a small change to the mission statement: "To advance gender equity for women and girls through research, education, and advocacy." Sounds familiar but notice that philanthropy is no longer listed and that the list is now in order of importance. Our vision is simply "Equity for all."

Our goals have been reorganized into four categories or "pillars": Education and Training; Economic Security; Leadership; and Governance and Sustainability.

Within these categories we find our familiar programs.

- \*Education and Training includes STEM and Title IX, with fellowships, grants, public policy, and research as components.
- \*Economic Security includes pay equity and retirement issues, and programs such as Work Smart and legal advocacy.
- \*Leadership includes career and workplace training, such as campus action projects and NCCWSL.
- \*The category of Governance and Sustainability is primarily internal reorganization.

How can you help AAUW move forward with implementing the new strategic focus to help women and girls achieve economic security, better educational opportunities, and access to more leadership roles? Here are some opportunities:

Take the Work Smart online course and encourage others to do so.

Be part of the national conversation on pay equity and recognition of Equal Pay Day.

Become a "Two-Minute Activist."

Help develop the branch strategic plan to complement the national plan.

For more information on the AAUW Strategic Plan go to <a href="https://www.aauw.org/who-we-are/strategic-plan/">https://www.aauw.org/who-we-are/strategic-plan/</a>.

## Study and Interest Groups February 2019

Interest groups that are not at capacity welcome new members. They are indicated by an "(open)" below. Call the contact person for more information and to rsvp. And to start a new group, just contact Carla Huegli, 503-457-6145 or carla.huegli@yahoo.com.

#### Breakfast in Bridgetown (open)

Second Thursdays, 9:00 am, unless otherwise stated

Date: February 14 Gravy, 3101 NE Sandy

RSVP by February 11th to Petie Paddon,503-235-0892 or

petitpad@icloud.com

#### Curtain Call (open)

Date: February 13, 7:30 pm, the Schnitz

Les Ballets Trockadero de Monte Carlo (White Bird)

Contact: Linda Stern, 503-232-5637, lindamstern@comcast.net

#### First Tuesday Reader's Theater (open)

Coffee 10:00, performance at 10:30 The Sanctuary, 1785 NE Sandy Blvd.

Date: February 5

The Belle of Amherst by William Luce

Contact: Judy Holt, 503-387-5602 or jholt58@gmail.com

#### International Lunch Group (open)

Fourth Monday, 11:30 am Date: February 25

Frank's House of Noodles, 822 NE Broadway

RSVP by February 21 to Petie Padden, petiepad@icloud.com

#### Literary Comments and Criticism I (open)

Third Tuesdays, 12 noon Date: February 19 Homegoing by Yan Gyasi

Discussion Leader/Hostess: Peggy Hickman

Contact: Linda Stern, 503-232-5637/lindamstern@comcast.net

#### Literary Comments and Criticisms II (open)

Fourth Thursdays, 11:30 am

Date: February 28

The Far Away Brothers by Lauren Markam

Hostess: Eileen Elliot

Contact: Katie Raetz, 503-720-8188/kmraetz@yahoo.com

#### Literary Comments and Criticisms III (open)

Second Tuesdays, 9:30 am

Date: February 12

Nervous Conditions by Tsitsi Dangerembja

Hostess: Sue Trotter

Contact: Sue Trotter, 503-652-6414/dstrotter@msn.com

#### Mah Jongg (open)

Beginning Mah Jongg lessons are resuming. For information in, contact: Mary Shaw, 503-939-4589/docsu@hotmail.com

#### Modern Fiction

Fourth Tuesdays, 11:30 am

Date: February 26

Sing, Unburied, Sing by Jesmyn Wardf

Hostess: TBD

Contact: Donna Pregill, 503-292-8659/

dmp503@gmail.com

#### Movie Mavens (open)

Monthly meetings to select and discuss movies

Second Fridays, 1:30 pm Date: February 8

Hostess: Suzanne Fleming

Contact: Suzanne Fleming, 714-898-6456/ multiteach@aol.com or Karn Hill, 503-206-8444/

karnhill@gmail.com

#### Non-Fiction Book Group I (open)

Third Wednesdays, 10:00 am, at Elephant's Deli

Date: February 20

The Ten Days that Shook the World by John Reed

Contact: Kathe Hart, 503-372-6338/

kathehart@hotmail.com

#### Non-Fiction Book Group II (open)

Third Fridays, 7 pm, at Joyce Lew's

Date: February 15

Muslim Girl by Amani Al-Khatahtbeh Contact: Kathe Hart, 503-372-6338/

kathehart@hotmail.com

#### Sleuth Sisters (open)

Fourth Wednesdays, lunch & discussion

Date: February 27, 12 noon, at The Old Spaghetti

Factory, 0715 SW Bancroft St. Strawberry Sunday by Stephen Greenleaf Contact Carla Huegli, 503-457-6145/

cshuegli27@gmail.com

#### Wimpy Walkers (open)

First Friday or Saturday, 3-4 miles with breakfast/ lunch

Date: Friday, February 1, 9:00 am

Tour what is now called the Alphabet District Meet at NW 23rd and Quimby to view "tony"

apartment houses of the early 1900's Contact: Joyce Kligman, 503-309-3185 or

\_iovceslk@comcast.net

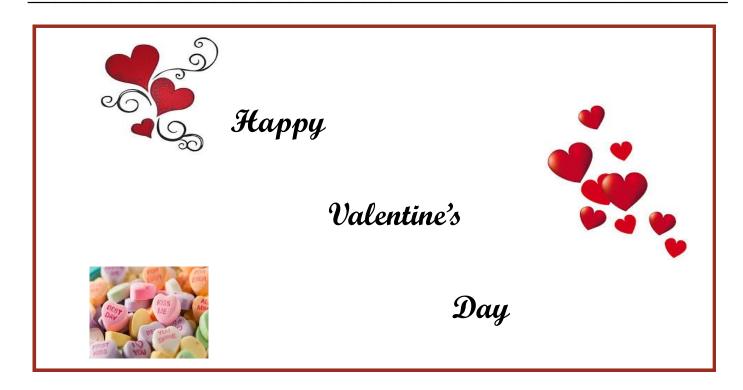
## .Volunteers Needed for Upcoming STEM Events in 2019

Our ongoing STEM project continues at a pace that has doubled from previous years. This year, since September 2018, we have been offering two classes every other weekend, one on Saturday and one on Sunday. Additional classes require additional people volunteering to help with the classes. My job as the AAUW volunteer coordinator has now doubled in size. Because we work through the Portland area Girl Scout organization to offer the classes, their requirement is that there be two adults present for any of their activities, including our STEM classes. That means that we now need to find at least six and, preferably, eight volunteers per month. Here are the dates for which I still need some help:

Sunday, January 27: one volunteer Sunday, February 24: one volunteer Saturday, May 4: two volunteers Sunday, May 5: one volunteer Saturday, May 18: one volunteer Sunday May 19: two volunteers Saturday, June 1: two volunteers Sunday, June 2: one volunteer

Take a look at the above dates. If you can find the time to volunteer for at least one of these dates, I would greatly appreciate it! I have some volunteers who come quite regularly and really enjoy helping with the classes. I would like to get a few more individuals involved so that I do not have to call upon the same people so frequently. Please give me a call or send an e-mail if you would like to help with this really rewarding project that our local branch sponsors.

Lisa Perrine, (503) 648-1691 or lperrine65@comcast.net



## **Holiday Brunch – Donation results**

Thanks to our members' generosity, our branch was able to donate \$2,491 to AAUW National Funds. This amount came from the Silent Auction (\$591) and individual and branch donations (\$1900).

I was assured that these donations were eligible for the matching funds offered by a generous member. Our donations go a long way toward helping AAUW accomplish its mission.

Also, thanks to your donations of precious jewelry, we were able to donate \$805 to two causes close to our hearts. One half was designated to *Street Roots* and one half to our PCC Scholarship Fund.

From National: "Due to the inundation of donations at the end of the year, they are behind in their procession. Please rest assured that all donations we be deductible for 2018, based on the date of the mailing. This includes credit cards, even if the charge does not show up until January."

Together, we make a difference.

Judy Holt, Funds Chair

## **Member Information/Update**

Welcome to <u>Janet Josway</u>, a new member of the Branch.

Janet Josway 110 SE 47th Ave. Portland, OR 97215 317-523-8029 iliosway@gmail.com

## **AAUW of Oregon Breaking Barriers Achievement Award**

AAUW of Oregon supports community partners who share the same values and mission of AAUW. These community partners collaborate on projects with AAUW branches to promote equity for women and girls within local settings. Together, partners and AAUW provide education, research, leadership and service. Together we have women serving women.

In recognition of this collaboration, each year the AAUW of Oregon Breaking Barriers Achievement Award is given to an Oregon woman (currently **NOT** an AAUW member **OR** an Oregon group, organization and/or institution) who, within the past five years, has exemplified AAUW's mission in a manner that has had a demonstrative impact on our state's women and girls in the areas of equity and/or education. Each branch, or collaborating group of branches, may nominate one candidate through a written application. A committee composed of AAUW members will select the recipient based upon the following criteria:

Exemplification of AAUW's mission and goals
Demonstrated impact on women and/or girls
Demonstrated need in the community for candidate's initiatives
Developed collaborations and other outreach
Efforts to assure high visibility
Applicability of initiatives to a broader audience
Planning for ongoing initiatives
Recommendation from a collaborating organization

Every year the application is due by mid-January. Presentation of the Breaking Barriers Award recognition certificate and plaque will take place at the annual AAUW of Oregon State Convention held in April. This year the convention is being held in Salem.

Barbara Spencer will serve on this year's award committee, and the Board, at its recent meeting, approved Lisa Wittorff, Director of PSU's Center for Parents with Children, as the Branch nominee for the award.

## **AAUW Program Schedule 2018-19**

January 25 Women's Health Tea

February 13 2019 Legislative Priorities

March 9 Branch Annual Meeting



Visit us on the web:

National:

www.aauw.org

Oregon:

http://aauw-or.aauw.net/

Portland:

www:aauwpdx.org

"members only" password: pdxaauw

## NEW MEMBERS ALWAYS WELCOME





**The Rose City Reporter** is a publication of the Portland Branch of AAUW, a non-profit organization, published eight times a year (Sept., Oct., Nov., Dec./Jan., Feb., Mar., Apr., May/June) as a membership service.

**AAUW** advances equity for women and girls through advocacy, education, and research.

In principle and practice, **AAUW** values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin or disability.