



## “WomenStrength” Personal Safety Workshop

Monday, November 10

12:00pm to 2pm

South Park Square Community Room

1525 SW Park Ave., Portland

Presentation by Sarah Johnson of the Portland Police Bureau

Brown Bag Lunch (dessert and coffee will be provided)

To learn how to maximize your personal safety, please join us for this workshop presented by Sarah Johnson, Director of the WomenStrength program of the Portland Police Bureau. Sarah will explore a variety of strategies that women can use for self-protection in a non-physical discussion format. The objective is to help us to identify our risks, evaluate our strengths, and explore options for dealing with the threat of violence. The workshop will cover prevention strategies, recognizing when one is being targeted for an attack and the pros and cons of various options for ending an attack. The knowledge that we gain could minimize our chance of being victimized as well as emerging unscathed from an assault. In addition, we have the opportunity to pass on this information to women in our families and to friends, as violence against women is unfortunately a pervasive threat throughout our society

Directions: South Park Square is located in the same complex as McMenemy’s Market Street Pub on SW 10<sup>th</sup> and Market, across the courtyard from McMenemy’s. Both street car lines run adjacent to the complex, with stops at SW 10<sup>th</sup> and Clay (CL line) and SW Park and Market (NS Line). Pay parking is available on the street and at the Old Church parking lot.

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## A Message from Our Co-Presidents

Dear Members,

We promised a more detailed follow-up on the Strategic Plans that were developed in June and the progress that has been made to date. In this message we want to share information about our branch STEM projects. STEM is the commonly-used acronym for science, technology, engineering and math.

In an era when women are increasingly prominent in medicine, law, and business, why are there so few women scientists and engineers? A 2010 AAUW research report *Why So Few? Women in Science, Technology, Engineering, and Mathematics* presented key findings that point to environmental and social barriers that continue to block women's progress. Encouraged to work in our own community, the branch formed a STEM committee in 2011 under Barbara's leadership that assisted the Society of Women Engineers in preparing materials for sessions with the Girl Scouts. The sessions allowed the girls to experience hands on learning and to explore engineering as a career.

Further collaborations were investigated the next year and the branch voted to allocate \$1000 to a Girl's Inc. summer program at OMSI. We sponsored two groups of young girls from James John Elementary School in St. Johns. Nine 6-8 year olds visited the Turbine Hall/Earth Science Hall exhibits and the Physics Lab, where they experimented with gravity and a vacuum chamber, and were thrilled by the Van de Graaf generator. Six 9-10 year olds toured the submarine and spent some serious time in the Chemistry Lab. Both groups were treated to lunch and to Omnimax movies.

Last April, the branch was inspired by featured speaker Jeri Janowsky, executive director of Saturday Academy. The goal of Saturday Academy is to reinforce the joy of learning, to assist young people in developing intellectually, and to help them prepare for rewarding careers through learning opportunities in all areas, especially in science, technology, engineering and math.

While investigating projects available for replication, the committee found that most of the programs served girls in middle school, a critical time when choices are made that affect future educational and career paths. However, more STEM programs were needed for girls in elementary and in high school, so the committee selected "Let's Read Math," a program for grades K-2. It was developed as a community outreach project of the AAUW Makefield Area (PA) Branch and has been replicated by other AAUW groups, including Forest Grove, where it has been successful for over five years. The program goal is to help elementary school children talk about and enjoy doing math.

With the help of Impact NW and through their Portland Public School SUN program, we have been placed at Buckman School, 320 SE 16<sup>th</sup> Avenue. Our "Let's Read Math" program consists of weekly one-hour after-school sessions during which a math-related storybook is read to students, followed by hands-on activities and construction of a project to take home. One of the books is [The Greedy Triangle](#) by Marilyn Burns, whose learning objectives are to name polygons and to identify shapes found in the environment. Thanks to Joyce Kligman, project curriculum specialist, who refined all the lessons and aligned them with the Common Core Standards adopted by PPS.

We have a fine cadre of volunteers, but would like to have more. If you think this would be fun for you and you wish to participate, be sure to let Ilga know as we prepare to offer the series again.

Co-Presidents, Ilga Ross and Barbara Spencer

# PUT IT ON YOUR CALENDAR NOW!!

## *AAUW Funds Holiday Luncheon and Fundraiser*

*Raffle, Silent Auction, Wine Pull, Jewelry Grab Bag  
and Surprises  
(No Book Sale this year)*

*Saturday,  
December 6, 2014  
10:00 am - 1:00 pm*



*Multnomah Athletic Club  
1849 SW Salmon Street  
Portland*

*\$28 per ticket  
RSVP by November 29  
(registration on page 4)  
(AAUW Funds info on page 5)*



**Barbara Alberty Honored as  
2014 Marie Lamfrom Woman of Distinction  
by Girl Scouts of Oregon and Southwest Washington**

Barbara Alberty retired from Portland State University in 1996 after teaching there for many years. She has served on the Board of Directors of the PSU Foundation and on the Ethnic Scholarship Committee for the Board. She continues to work with the YWCA of Greater Portland, now chair of the Senior Advisory Committee. She also enjoys her work with the Portland branch of AAUW.



Barbara joined Girl Scouts as a Brownie and earned her First Class Award. She continued with the organization through college at the University of Kansas, working with her Delta Gamma sorority sisters to mentor a local Girl Scout troop. She went on to attend law school at Lewis and Clark College and earned her MBA from Portland State University. Barbara is married to retired vascular surgeon Roger Alberty. They have one son and one grandson.

**AAUW Holiday Luncheon and Fundraiser Registration**

**Name** \_\_\_\_\_

\_\_\_\_\_ Number attending

\_\_\_\_\_ Check here to request a vegetarian meal. (The entrée will be chicken.)

\_\_\_\_\_ I am unable to attend, but wish to make a contribution.

\_\_\_\_\_ **Total amount enclosed (\$28 per person)**

If you are paying for the luncheon and also want to make a contribution to *AAUW Funds*, please write separate checks. This helps us track the contributions.

For the *Luncheon* ~ make checks payable to *AAUW Portland Branch*. For *Contributions to AAUW Funds*~ make checks payable to *AAUW Funds*.

Please send this form and your check(s) *by Saturday, November 29 to:*

Joyce Kligman, 10858 SE Richmond Ct, Happy Valley, OR 97086~Questions? Call 503-698-1583 or email – joyceslk@comcast.net

## Supporting the AAUW Mission

This December at the holiday brunch we will have the opportunity to support the AAUW Mission by gifting to the AAUW Funds.

There are several ways to be of support.

Giving unrestrictive gifts to AAUW Funds (#9110) is the best way to provide general support to AAUW, our 501 (c) (3) organization, where it is most needed for charitable programs and it is tax deductible.

AAUW also makes it possible to restrict your tax-deductible gifts to specific funds or programs.

**The Legal Advocacy Fund (#3999)** supports the protection of the legal rights of those who are facing discrimination. Programs include legal case support which protects legal advocacy funds plaintiffs by supporting workplace sex discrimination cases.

**The Educational Opportunities Fund (#4330)** supports educational and lifelong learning opportunities that give women a chance for a lifetime of success. Some of the programs include fellowships and grants and the AAUW Tech Trek, which educates and inspires eighth grade girls across the country in STEM through weeklong camps.

**The Public Policy Fund (#4337)** supports advocacy for public policies and laws that are fair to women. Public policy programs include AAUW advocates on Capitol Hill and in the White House, ensuring that our voices are heard.

**The Eleanor Roosevelt Fund (#9170)** supports AAUW research to provide analysis, data, and accurate information about issues that are important to women and girls.

**The Leadership Programs Fund (4339)** supports programs that develop women's potential to lead in their schools, communities, and country.

In addition to the above funds are individual endowments. There are twenty endowments related to Oregon and only one is still open. This is the **Betsy McDowell Named Unit (#4363)**. Many of you know Betsy, as she was Oregon state president from 2004-2006 and is currently a national Director at Large, which makes her the highest ranking AAUW member in the State. This endowment is earmarked for Research and Project grants. The goal is \$75,000; it currently is at \$64,000.

For further information visit [www.AAUW.org](http://www.AAUW.org)

Again this year, checks and credit cards will be accepted at the holiday event.

There will be more information available at the brunch.

If you have any questions, feel free to contact Judy Holt ([jholt58@gmail.com](mailto:jholt58@gmail.com)), Funds Chair, Portland Branch

## Study and Interest Groups November 2014 . . . .

*Interest groups that are not at capacity welcome new members. They are indicated by an "(open)" below. Call the contact person for more information and to RSVP. And to start a new group, just contact Donna Pregill, 503 292-8659 or [dmp503@gmail.com](mailto:dmp503@gmail.com).*

### Art Enjoyment (open)

Second Wednesdays  
Date: November 12  
Meet at 12:15 in the café of the Portland Art Museum  
Contact: Julie Skinner, 503-762-1094

### Breakfast in Bridgetown (open)

Second Thursdays, 9:00 am, unless otherwise stated  
Date: November 13  
Sweet Betty's Bistro, 1000 N. Main, Gresham  
Contact: Julie Skinner, 503-762-1094

### Classics: Past, Present and Future (open)

Third Thursdays, 7:00 pm  
Date: November 20

Breaking Chains: Slavery on Trial by Gregory Nokes  
Hostess/Leader: Ann Hudson  
Contact: Kathy Phillips, 503-901-0162

### Curtain Call (open)

Usually second Thursdays, featuring the performing arts  
Date: November 4  
The Capitol Steps at the Schnitz  
Contact: Julie Skinner, 503-762-1094

### Digital Age (open)

Learn the technology you want to know  
Usually fourth Fridays  
Date: November 21, 10:00 am to noon  
Topic: Games, with a focus on dexterity  
Location: TBA  
Contact: Sue Thomas, 503-427-0403

### First Tuesday Reader's Theater (open)

Coffee 10:00, performance at 10:30  
Date: November 4  
The Dance & the Railroad by David Henry Hwang  
Old Church-1422 SW 11<sup>th</sup> and Clay, \$8  
Contact: Judy Holt, 503-387-5602

### AAUW Happy Hour (open)

A time to relax, chat and nibble  
Date: No November event  
Contact: Barbara Alberty, 503-222-2423

### Literary Comments and Criticism I (open)

Fourth Thursdays, 11:30 am  
Date: TBA  
Coffee meeting to decide holiday donation  
Contact: Kate Skelton, 503-335-7140

### Literary Comments and Criticisms II (open)

Third Tuesdays, 12:00 noon  
Date: November 18  
Orphan Train by Christina Baker Kline  
Discussion Leader/Hostess: Barbara Gaines  
Contact: Linda Stern, 503-232-5637

### Literary Comments and Criticisms III

Second Tuesdays, 9:30 am  
Date: November 11  
June Recital by Eudora Welty  
Hostess: Judy Holt

### Modern Fiction

Fourth Tuesdays, 12:00 noon  
Date: November 25  
Chocolate by J. Harris  
Hostess: Nancy Cheverton  
Contact: Judi Wandres, 971-279-5348

### Movie Mavens (open)

Monthly meetings to select and discuss movies  
TBA  
If interested, call Kathe Hart, 503-372-6338

### Non-Fiction Book Group I

Third Wednesdays, 9:30 am  
Date: November 19  
My Beloved World by Sonja Sotomayor  
Hostess: Rose Toufexis

### Non-Fiction Book Group II (open)

Third Fridays, 7:00 pm  
Date: November 21  
My Beloved World by Sonja Sotomayor  
Hostess: Joyce Lew  
Contact: Kathe Hart, 503-372-6338

### Sleuth Sisters (open)

Fourth Wednesdays, lunch and discussion  
Date: November 19, 12:30 pm at Albertina Kerr  
What the Dead Know by Laura Lippman  
Contact: Jane Lancaster, 503-284-1670

### Wimpy Walkers (open)

First Friday or Saturday, 3-4 miles with breakfast/lunch  
Date: Saturday, November 8, 9:30 am  
Walk through Goose Hollow, Kings Hill & the West End;  
lunch to follow  
Meet at the Ace Hotel, 1022 SW Stark St.  
Contact: Sue Thomas, 503-427-0407

## New Member Information

(see page 8 for new member introductions)

Beppie Shapiro  
3860 SE Woodward St., Apt. 2  
Portland, OR 97202  
808 732-6237  
beppie@hawaii.edu

Susan Whereat  
111 SW Harrison, Apt. 12F  
Portland, OR 97201  
503 227-5650  
610 888-3103  
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Patricia (Trish) Garner  
1631 NE Broadway, #813  
Portland, OR 97232  
503 407-2341  
garner37@mac.com

## Word of the Month



### kintsukuroi

(n.) (v. phr.) "to repair with gold"; the art of repairing pottery with gold or silver lacquer and understanding that the piece is more beautiful for having been broken

# Introducing New Members of the Branch

## Beppie Shapiro

Since I retired (formerly an Educational Psychologist interested in helping disadvantaged young children), there have been fewer opportunities for social interaction with adults. A fellow environmental activist invited me to an AAUW Portland event. AAUW looks like a good way to meet new people in Portland who share my interests and introduce me to new ones.

I lived in Hawaii most of my life and still spend time there regularly. I moved to Portland 5 years ago, when my daughter went back to work and needed someone to take care of her toddler.

I've always been politically active, largely through Common Cause and the League of Women Voters. I've pretty much given up on Campaign Finance Reform, but still work to promote "good government" and the prevention of and response to climate change and poverty.

I like being outdoors - walking and hiking and soon, I hope, snow-shoeing or even cross-country skiing. I enjoy all the high quality music and theater Portland offers. I'll be looking at the many AAUW groups and activities to expand on these interests.

## Patricia (Trish) Garner

I have been a member of the Astoria branch of AAUW for some time (8 years?) but have recently moved to Portland. As a result, I am affiliated with both branches. I have done so not only because of the amazing women I have had a chance to meet, but because my values are consonant with AAUW's.

I am no longer officially working, although I must admit that I feel more busy than ever. I have just accepted the position of Oregon AAUW Public Policy Chair and am just beginning to find my sea legs with it. Needless to say, if you have any thoughts or questions as time goes on about public policy issues, feel free to contact me. The three issues that OR AAUW public policy are currently focusing on include: pay equity, paid sick leave and child care financial access for women college students. I also serve on the Board of the Artists Repertory Theater.

As to my career, I am a "recovering" attorney, have a masters in social work from Portland State and have taken a number of courses / trainings in the field of conflict resolution and mediation. I am not licensed as an Oregon attorney, but when I did practice, I worked as a criminal trial attorney. Although it may seem on the other side of the spectrum from a law practice, I am also interested in astrology and, in particular, the history of astrology.

## Susan Whereat

This past May, my husband and I moved to Portland permanently, having spent the past seven summers here in a condo we bought to be closer to our eight grandchildren, all of whom live west of the Rockies. We love Portland, and I am amazed at the rich smorgasbord of programs which the Portland AAUW serves up to its members. I have enjoyed participating in programs as a member of the Valley Forge (PA) AAUW branch since I retired from elementary school teaching 15 years ago. I grew up in Iowa, went East to Smith College, and settled in the Philadelphia area where I raised my children to become westerners! I enjoy films, theater, and creative writing. Looking forward to new friendships here!

## **Welcome Professor Melody Ellis Valdini New AAUW - PSU Faculty Liaison**

After three years of providing support to the Portland Branch as it developed its university relationship with Portland State University, Professor Sally McWilliams is stepping down as AAUW-PSU faculty liaison and is being replaced by Professor Melody Ellis (Ph.D. 2006, University of California, San Diego).



Professor Valdini is an associate professor of political science, the academic director of PSU's Center for Women's Leadership, and the honors program advisor for the political science department. Professor Valdini joins Sunny Petit, Executive Director of PSU's Center for Women's Leadership as AAUW-PSU university liaisons. Branch representatives work with university liaisons to bring AAUW's mission to the campus through jointly-sponsored programs, services and research. We are fortunate to have the strong support of these PSU representatives. And a big thank you to Professor McWilliams for providing a roadmap for our initial entrée into the university.

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### **Member Updates**

Louise Williams has a new e-mail address:  
[alwspace@comcast.net](mailto:alwspace@comcast.net)

# Olga Howard

## Newest Branch Honorary Life Member

Olga was presented with her certificate of Honorary Life Member by Co-Presidents Barbara Spencer and Ilga Ross at the Branch's brunch and general meeting last September.

Olga Howard has been a member of the Portland Branch AAUW for only a few years, but she has been a member of AAUW in Santa Maria, California and Durango, Colorado. When you total the years, continuously, she has been a member of AAUW for 50 years. She is the newest member of our branch's Honorary Life Members. (See page 8 in your directory for a list of all Branch Honorary Life Members.) Our congratulations to Olga!



As a young child, Olga's education began in Estonia where she was born. Due to the occupation by Communists of the Baltic countries, Olga's family went to Germany. Olga began her studies at medical school in Germany. This was a challenge because Olga's first languages were Estonian and Russian. Then in 1951, the family immigrated to the United States. Olga was given credit for her medical school studies in Germany and she entered medical school at the University of California at San Francisco as a junior. Her one year of internship was in Brooklyn, NY. Her residency in Internal Medicine was at Harbor Hospital in Torrance, California. This is where she met her husband, Bruce, who was an intern.

Before they made their home and started their medical practices of 43 years in Santa Maria, CA, Olga went with Bruce to St. John, Newfoundland, where Bruce was in the US Air Force for 2 years.

The school nurse at Olga's children's school introduced Olga to AAUW. She went with the nurse to a membership event in 1963. While a member of the Santa Maria, CA Branch, Olga was the Branch President and the District Director of the Central Coast of California. When she moved to Durango, Colorado, she transferred her AAUW membership to Durango's Branch.

While a member of AAUW, Olga practiced medicine part time and raised her family. A daughter, who is deceased, was a large animal veterinarian. One son teaches 7<sup>th</sup> grade in an American International School in Belgium and the other son is an urban planner in the Portland area.

In her early years as an AAUW member, most meetings were in the day time. Now, many more meetings are in the evening due to members' work schedules. The Association influenced state divisions and branches with definite printed programs for study to follow annually. Environmental issues and foreign policy were a couple of the topics members lead, studied and discussed. Scholarships became available to women in graduate studies. The fight for ERA was a major issue of AAUW nationally. Unfortunately, not enough states passed it before the deadline. Most members of AAUW in California were well acquainted with political issues of the state.

The similarity of Olga's three branches is there is a major community project in each. In Santa Maria, the branch started a preschool in the junior college. In Durango, a play was written and presented about the pioneer women of the area. In Portland, Olga is a member of the STEM Committee. It is her wish that people will get rid of the idea that women cannot do science, technology, engineering and math. The change may be slow, but encouragement is necessary. One of Olga's granddaughters is a structural engineer and another granddaughter plans to be a nurse anesthetist.

## GOINGS ON

*This section of the newsletter is dedicated to sharing the goings on of our branch members—special birthdays, travels, recognitions, new grandchildren, etc. Send your information to Linda Stern (lindamstern@comcast.net), and don't be shy. We all could use a pat on the back or a "Wow. You did that?" once in awhile.*

Ilga Ross has been selected as the Chair of the State AAUW Nominating Committee.

Barbara Spencer just returned from New York City, where she attended a family reunion.

Rose Toufexis was recently in Victoria and Vancouver, BC , and at the Olympic National Park in Washington.

Nancy Cheverton was in Italy, and Joyce Kligman traveled to Peru (Machu Picchu) and Ecuador (the Galapagos).

Anna Helm just came back from a Road Scholar trip to Zion, Bryce and the Grand Canyon North Rim.

Mary Shaw is currently on a cruise on the Douro River in Portugal.

In November, Ilga Ross will be headed to Australia, while Linda Stern takes off to Budapest and Prague.

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### ***November 4***

***November 4***



## AAUW Program Schedule 2014-15

### November 4

Election Day—*don't forget to vote!*

### November 10

Branch program on personal safety

### December 6

Holiday Luncheon at the MAC Club

### March 7

General membership meeting



Visit us on the web:

National:

[www.aauw.org](http://www.aauw.org)

Oregon:

<http://aauw-or.aauw.net/>

Portland:

[www.aauwpx.org](http://www.aauwpx.org)

## NEW MEMBERS ALWAYS WELCOME



**The Rose City Reporter** is a publication of the Portland Branch of AAUW, a non-profit organization, published eight times a year (Sept., Oct., Nov., Dec./Jan., Feb., Mar., Apr., May/June) as a membership service.

**AAUW** advances equity for women and girls through advocacy, education, and research.

In principle and practice, **AAUW** values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin or disability.